

**Glengarry Skating Club - Summer 2026 Schedule (v1 as of 07 May 2026)**

All sessions to be held at McLaren Park Arena

Monday, June 29 - Friday, August 21 (Monday - Friday)

No sessions; Wednesday, July 1 (Canada Day) & Monday, August 3 (BC Day)

**Rising Stars, StarSkate, & Pathway**

Week1; Mon Jun 29 - Fri Jul 3 (no sessions Jul 1)

Week2; Mon Jul 6 - Fri Jul 10

Week3; Mon Jul 13 - Fri Jul 17

Week4; Mon Jul 20 - Fri Jul 24

Week5; Mon Jul 27 - Fri Jul 31

Week6; Tue Aug 4 - Fri Aug 7 (no sessions Mon Aug 3)

Week7; Mon Aug 10 - Fri Aug 14 (competition week for BC/YT SS Summer Skate)

Week8; Mon Aug 17 - Fri Aug 21

BC/YT SS Summer Skate Competition; August 13-16 (Burnaby, BC)

\* to attend the BC/YT Summer Skate competition skaters must skate the following minimum number of Summer 2026 weeks leading into the competition (including Week7):

- Star2-5; 4 weeks                      - Star6+; 5 weeks                      - Pathway; 6 weeks

GSC Summer Star6+ Assessment Day; Friday, August 21 (1:00pm-3:30pm)

\* skaters who are planning to do Skate Canada assessments must skate Week8

\* Groupings are based on the following:

Rising Stars & Star1&2; Must have completed Stage3 of CanSkate and/or be invited to join or competing Star1-2 for the 2026/27 season

Star3&4&5: Competing Star3-5 for the 2026/27 season

Star6+: Competing Star6+ for the 2026/27 season

Podium Pathway: Competing PreJuvenile-Senior for the 2026/27 season and attending the BC/YT Sectional Championships

**PowerSkate**

No PowerSkate classes will be offered during Summer 2026

**Schedule Weeks 1-6 & Week 8 (Floods at 7:15am & 9:15am & 10:15am)**

Rising Stars & Star1&2		Star3&4&5		Star6+ & Pathway	
8:30am-8:45am	Drop-off & Sign-in	8:00am-8:20am	Drop-off & Sign-in	7:15am-7:30am	Skates on
8:45am-9:15am	Grp DL Warmup	8:20am-8:35am	Skates on	7:30am-7:40am	Grp WU
9:15am-9:30am	Skates on	8:35am-8:45am	Grp WU	7:40am-8:10am	Grp Spins/Jumps
9:30am-10:30am	Grp Clinic	8:45am-9:15am	Grp Jumps/Spins/Skills	8:10am-8:15am	WU DSS
10:30am-10:45am	Skates off	9:15am-9:30am	Skates off	8:15am-8:35am	Dance/Skills/Spins
10:45am-11:00am	Break & Snack	9:30am-9:55am	Break & Snack	8:35am-8:50am	Skates off
11:00am-11:45am	Grp DL & Game	9:55am-10:15am	Grp DL Technical	8:50am-9:20am	Grp DL Cardio/Strength
11:45am-12:00noon	Pick-up & Sign-out	10:15am-10:30am	Skates on	9:30am-9:55am	Grp DL Technical
		10:30am-10:40am	Grp WU	9:55am-11:15am	Break & Snack
		10:40am-11:20am	Grp Freeskate	11:15am-11:30am	Skates on
		11:20am-11:30am	Grp Clinic	11:30am-11:35am	WU
		11:30am-11:45am	Skates off	11:35am-12:20pm	Freeskate
		11:45am-12:15pm	Grp DL Card/Core/Stre/Flex	12:20pm-12:30pm	Grp Stroking
		12:15pm-12:30pm	Pick-up & Sign-out	12:30pm-12:45pm	Skates off
				12:45pm-1:10pm	Grp DL Core/Flex

**Schedule Week 7; required for all skaters attending the BC/YT SS Summer Skate competition (Flood at 10:00am)**

Star2&3&4&5		Star6+ & Pathway	
8:00am-8:15am	Drop-off & Sign-in	9:30am-10:00am	Grp DL WU/Jumps
8:15am-8:45am	Grp DL WU/Jumps	10:00am-10:15am	Skates on
8:45am-9:00am	Skates on	10:15am-10:20am	WU
9:00am-9:10am	Grp WU	10:20am-11:05am	Freeskate
9:10am-9:50am	Grp Freeskate	11:05am-11:15am	Grp Clinic
9:50am-10:00am	Grp Clinic	11:15am-11:30am	Skates off
10:00am-10:15am	Skates off	11:30am-12:00noon	Grp DL Core/Flex
10:15am-10:45am	Grp DL Core/Flex		
10:45am-11:00am	Pick-up & Sign-out		